

## SUMMER SPEED CAMP

**Who: Students in Grades 7– 12 are welcome**

Our camp focuses on a variety of training techniques that are used to increase speed, improve jumping ability, balance, agility, as well as improve confidence on and off the field. Don't miss this opportunity to become quicker, faster, stronger and more resilient against injury, which ultimately results in better performance on the field of play. Come and learn the skills required to become a better all-around athlete!

**Where: Proctor Football Stadium**

**When: 7/11/23-8/17/23**

**Tuesdays and Thursdays from 5:30pm to 7:00p**

***ALL PROGRAMS CLOSED TUESDAY, JULY 4, 2023***

## YOUTH OLYMPIC GAMES

**THURSDAY, JULY 6TH**

**10:00AM-12:30PM**

**PROCTOR PARK LONGO FIELD**

**SPONSORED BY:**

**BANK OF AMERICA**

**THE BOILERMAKER**

**AND**

**THE CITY OF UTICA**

**YOUTH BUREAU**

***JOIN US FOR FUN AND GAMES!***



# CITY OF UTICA

## YOUTH BUREAU

### 2023 SUMMER FUN

### FREE PROGRAMS FOR YOUTH

## BUCKLEY

ADDISON-MILLER SEYMOUR

## PIXLEY

## WANKEL

## QUINN

## ROSCOE-CONKLING

## O'CONNORS

Robert M. Palmieri, Mayor

Dave Short, Youth Bureau Director

Chet LoConti, Recreation Director

220 Memorial Parkway

Utica, NY 13501

315-223-4320

Cityofutica.com

**Summer Playground Hours**

**Open : June 26 - August 18**

**Addison-Miller Park -(Monday-Friday) 10:00 am-2:00pm**

**O'Connor's Playground -(Monday- Friday.) 11:00am - 3:00pm**

**Pixley Playground -(Monday - Friday) 11:00am -3:00pm**

**Proctor Park-(Monday-Friday) 11:00am-3:00pm**

**Seymour Park -( Monday - Friday) 11:00am- 3:00pm**

**Quinn Playground -(Monday-Friday) 11:00am - 3:00pm**

**Roscoe-Conking Park -(Monday - Friday) 11:00pm - 3:00pm**

**Wankel Playground -(Monday-Friday) 11:00am - 3:00pm**

**ALL PROGRAMS CLOSED TUESDAY, JULY 4, 2023**

**Open Swim Program**

**June 26 - August 18**

**Addison Miller, Buckley and Seymour Pools**

**Monday- Saturday: 1:00pm-5:00pm**

**Sundays: Closed**

**Swim Lessons for ages 7years and up at  
Addison-Miller Pool Mondays, Wednesdays and  
Fridays 10:00am- 12:00pm-**

**Starting Monday, July 3-August 18**

**Registration for Swim Lessons**

**6/26-6/28 10:00am-12:00pm**

**at the Parkway Recreation Center**

**ALL PROGRAMS CLOSED TUESDAY, JULY 4, 2023**

**City of Utica Basketball Camp**

**When:** June,26-August,18

**Where:** Parkway Recreation Center

**Days:** Monday, Wednesday and Friday

**Time:** 4:30pm to 6:30pm

**Youth Ages:** 6 to 14 years old

Kids take part in drills that consist of dribbling, shooting and the art of defense.

**ALL PROGRAMS CLOSED TUESDAY, JULY 4, 2023**

**Golf Clinic**

**Ages 6-10 (Tuesdays) Ages 11- 14 (Wednesdays)**

**Time:** 8:30- 10:00 at Valley View Golf Course

**Wednesday, July 5-August 9**

**(Register on Start date- July, 5 at Valley View Golf Course**

**About the Program:** Basic skills and fundamentals of golfing.

If rain occurs during clinic hours,  
you must pick your child up or have an alternate plan.

**Tennis For Youth**

**Days:** Monday thru Friday, **June 26 - August 18**

**Time:** 10:00am - 2:00pm at the Mott Tennis Courts  
at the **Parkway Recreation Center**

**About the Program:** The beginner's class will cover basic skills and fundamentals of tennis including forehand, backhand, serve and volley. If rain occurs during clinic hours, you must pick your child up or have an alternate plan.

**Eligibility:** Children ages 6-14

**Registration:** **June 26- June 30** 10:00am- 2:00pm,  
at the **Parkway Rec Center Tennis Courts**